

Arise In Your Queen

ATTRACT YOUR KING

How Men Think

I want to welcome you back Sister Queen to **Module 2 – Understanding Men**

And today's lesson is called **"How Men Think"**

Let's start today with a quote:

Everything that irritates us about others can lead us to an understanding of ourselves ~ C.G. Jung

Today you will learn:

1. The Masculine Brain.
2. What If There's a Good Reason for Everything Men Do?
3. Appreciate How Men Think and Provide for Us.

Why?

Because in taking the vow, you've stopped pushing men away and are now turning the tide toward allowing them in...moving more towards receiving them.

Mind explosion, I know...when you haven't seen this yet, it may seem hard to believe, but trust me my dear, it's true, men are amazing and they desperately want to protect, love and cherish the feminine in us.

At the heart of a man is a PROVIDER.

Men aren't compelled to provide for women because they think that women are unable to do it for themselves. That respect how smart, competent and capable we are.

they want to provide for us BECAUSE they think so much of us!!!

PROVIDING gives men their purpose.

In fact, they're in awe of our beauty, of our bodies, of our minds, of our abilities, of our sexuality.

They're in awe of the feminine!

They're actually trying to impress US! Trying to be worthy of us.

The core makeup of the masculine brain is to focus on one thing
ONE RESULT.

It's fully committed to that **one result**, and screens out everything else that is irrelevant to THAT result, in that moment.

It's because they have 20 - 30 times more testosterone that allows them to be like this.

Now, we can be really focused too....but it wears us out much faster....less testosterone.

The feminine consciousness is spread in every direction. Estrogen does this to us. It's creates "diffuse awareness" and it's why we're great at multi-tasking.

Totally Opposite right!

Let yourself feel into that for a minute!

Suddenly the question "What if there's a good reason for why he's doing that?" takes on a new tone, right?

So, if men are wired differently to women, then the rationale behind their actions and behavior is likely to be different

He's focused on RESULTS

NEXT, ...you have to recognize the role that you play in these **RESULTS that he's focused on.**

You have to start to realize that you are the person for whom he wants to be a HERO.

This means that YOU are at the very center of his results.

Men play for points, and it is YOUR points that he wants most, and not allowing him to earn points with you is another form of emasculating him.

...AND if he's playing for points then you give him the opportunity for a big win when you ask for BIG things to be provided for you.

We usually do the opposite...we provide for the big things for ourselves!!!
We don't allow him to be the HERO.

What's the big deal about letting him do this....what a relief...what are you trying to prove anyway by showing that you can do it...

...we just end up competing with men....this shuts them down, turns them off, and emasculates them once again.

In fact, if you want to bring out the worst in a man, don't let him have an impact. Don't let him provide for you.

This, needless to say is a lose lose scenario.

If men are at their core **PROVIDERS** then you need to let him **provide results for you**...not DO MORE THINGS for you...that's totally uninspiring to him...but PROVIDING...now that engages his HERO!

We'll get back to this when we discuss how to communicate with men in the next lesson where we'll **learn the language of Heroes.**

Let's return to our core question: ***"What if there's a good reason for why he's doing that?"***

Asking this question should do two things:

1. It will interrupt the habit to punish him
2. You become more open and curious as to the "why" he's doing this
3. If YOU can't work it out....then ask him!...and openly listen to his response.

You can do that with these questions:

"I assume that you have a good reason for everything that you do"

"I'm trying to understand you better. Would you be willing to tell me why you did such and such that way?"

Homework:

Ask yourself constantly What if there's a good reason for everything men do? with the men in your life: your partner, your dates, your colleagues, other men.

Be curious and coming from wondering if the things that you've previously thought about men, may be wrong.

Be hopeful that the tide is turning and it's your time to receive the full love, adoration and provision of the masculine.

In Review, what you've learned today is:

1. The Masculine Brain.
2. What If There's a Good Reason for Everything Men Do?
3. Appreciate How Men Think and Provide for Us.

Now, head on over to the ***"Arise In Your Queen Facebook Page"*** and share **one key reflection** that you gained from the lesson today.

Great job and I'll see you in the next lesson **"Communicating With Men"**